

Information Sheet

Dr. Greg Madison

Contact Details: Mobile +44 (0) 794 1300871 (please leave a message)

Email info@gregmadison.net (usual method of contact)

Addresses: 40 Wilbury Road, Hove & 47 Dorset St, London.

In an emergency the mobile phone is the best way to contact me. I check messages daily during the week and will get back to you as quickly as possible, hopefully by the next day that I work. Otherwise email is most convenient.

Session arrangements: At the initial meeting we assess what brings you to therapy, what you'd like to get out of the sessions, and whether it feels right for us to work together. Then we usually agree to continue meeting at a similar time each week if possible, periodically reviewing this arrangement. When the time comes to end, we will agree a planned termination of our work together. Please arrive on time, as appointments cannot be extended beyond our agreed session time. **Cancellations can be made without incurring a charge if they are made at least a week ahead, otherwise the full session fee is payable.** However, please give me as much notice as possible if you know you cannot attend a future session and I will do likewise. Individual sessions are 50 minutes in length, unless otherwise agreed. First sessions with couples are often 75 minutes in length. Mediation sessions are typically booked on a half-day or day basis. The duration and frequency of Coaching sessions are negotiated individually.

Professional Practice: I am a Registered Psychotherapist (UKCP No.015819), Chartered Counselling Psychologist (BPS No.41805), Registered Psychologist (HPCP No.PYL16243), EU Certified Psychologist (Europsych), Certified with the European Association of Psychotherapists (EAP) and the World Council for Psychotherapy (WCPC), an Accredited Mediator (Bar Council and Law Society) and a Country Coordinator with the Focusing Institute of New York. I abide by these respective Codes of Ethics and Practice. Confidentiality, discretion, and anonymity are taken seriously and breached only in extreme cases, when legally or ethically obliged to do so. In the unlikely circumstances that this is necessary, I will discuss it with those affected beforehand or as soon as possible. In accordance with my continuing professional registration, I am in regular clinical supervision for all my client work. This form of professional development is also subject to the restrictions of confidentiality and anonymity mentioned above. In the event of an emergency that prevents me from continuing to practice, my supervisor will be given details to contact you and inform you of the situation.

Orientation of Practice: My orientation to psychotherapy and psychological practice is existential, a form of depth therapy that incorporates cognitive and experiential work. This means that I am interested in exploring your thoughts, assumptions and beliefs, as well as your relationship to your own feelings, other people, life projects, and embodied experience. I endeavour to take a democratic approach to understanding what arises during our sessions and to be guided by what is concretely changing in your life as a result of therapy. Please ask me more about my approach to therapy at any time. I am a professional member of the Society for Existential Analysis, the Focusing Institute, the Special Group for Coaching Psychology and various other professional bodies.

Associated Work: As a lecturer, researcher, and writer, I refer to my own clinical experiences in professional articles and professional settings for training purposes. Any discussion of my practice focuses upon my own learning rather than client material and is fictionalised and disguised to serve as illustration of therapeutic work generally.

Other Matters: Please ask about anything that you want clarified about our work together. If you decide you are ready to take a break or thinking about ending therapy, we will discuss it and arrange some ending sessions in order to complete the therapeutic work. If we encounter each other outside of therapy I will endeavour to protect your confidentiality by not acknowledging you unless you first acknowledge me – and then we will typically keep our contact to a minimum and discuss the encounter in our next session.

Fees: Fees are usually payable in advance or at each session (cash, cheque, Paypal [transfer costs not included in the fee], bank transfer), unless we agree other arrangements. Receipts are available upon request. If you are claiming private health insurance, please inform me before meeting & check with your provider before the session to make sure the fee is covered in full under your policy. My fee structure reflects my level of experience, qualifications, and training, as well as reflecting the usual levels of reimbursement for the services of a chartered psychologist. Fees can vary within a set range in order to accommodate some individual diversity in levels of income.